



**DEPARTMENT OF HEALTH AND HUMAN SERVICES  
OFFICE OF THE BOARD OF HEALTH**

**Town of Arlington**

27 Maple Street  
Arlington, Massachusetts 02476

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**Board of Health Meeting Minutes  
Tuesday, October 24, 2006  
First Floor Conference Room  
Senior Center  
5:00pm**

*Board Members in Attendance: Dr. Carole Allen, Mr. Gregory Leonardos (Chair) and Dr. Michael Fitzpatrick  
Staff in Attendance: Christine Connolly, Director of Public Health, Natasha Thorne Health Inspector, Teresa Wood, Health Inspector, Mary Ann Jacobs, Department Secretary*

**I. The September 12, 2006 meeting minutes were accepted.**

**II. DISCUSSION: Tobacco Compliance Check**

Mr. Adnam Rahim, owner of Arlington Gulf Station, 85 River St, was present at the meeting for a hearing on the sale of cigarettes to a minor following a compliance check that was conducted Saturday, October 21, 2006. Mr. Rahim stated that he was not on the premises at the time of the sale. The Board ordered a seven-day suspension of their permit beginning on Wednesday, October 25 through the end of the business day on Tuesday, October 31, 2006. Mr. Rahim has also been notified that further sales to minors will result in longer suspensions and possible revocation of his tobacco license.

**III. HEARING: Variance Request, Body Art Applicant Lauren Dubee**

Present at the meeting: Lauren Dubee and James Quinn of Ink Jam Tattoo Studio in Arlington. Lauren had submitted a variance request to the Board asking that the Board allow her to complete an apprenticeship in body art with James Quinn. Apprentices are required to complete the same training requirements as for a license in addition to working under a licensed body art practitioner for two years. There are many factors to consider in order to regulate the present regulations. The Board is appreciative of the nice package that was presented and is willing to work with James and Lauren and study the possibility of updating the regulations. The Office will be in touch with James and Lauren in the near future to set up future meetings.

IV. DISCUSSION: Trainings, Meetings and Exercises

Dr. Fitzpatrick attended the Massachusetts Association of Health Boards training on Saturday, October 21, in Holyoke, MA. He reported that approximately 50 representatives of Mass Health Boards from different towns, which made the meeting all the more interesting. It was a 7-hour day with a choice of three seminars in the morning and three in the afternoon. He was enthusiastic about the training and the experience. Dr. Allen and Greg Leonardos registered to attend in December.

V. UPDATE: Flu 2006-2007

The Arlington flu clinic will be held on Thursday, November 30, 2006, at the St. Athanasius Church (formerly St. James Parish), 4 Appleton Street. The clinic will run from 9:00am until 12 noon and because of the last year's success, appointments are being made to eliminate a large crowd having to wait. The clinic is free for elders with Medicare Part B and is open to anyone 18 or older at a cost of \$5. Because the State was so late in distributing the vaccine, many of the elderly have already received their shots at one of the drug stores which does effect the number of elderly that will be vaccinated in the public clinic. Arlington will also participate in a free Flu & Pneumonia Clinic on Dec. 9 in Newton at Our Lady Church, 573 Washington St., from 9:00am-12:00noon. This clinic is in conjunction with Belmont, Brookline, Newton and Watertown and will be a test of emergency plans.

VI. UPDATE: Food establishment changes

Natasha reported the following changes: Kathmandu Spice will be opening in 2 weeks in East Arlington replacing Bangalore Restaurant. Buddy's (across high school) will be opening in the near future. Starbucks on Broadway finished renovations. Geillio's in East Arlington is being taken over by a new owner. Punjab has just about completed their new space in the Center and will be opening soon. Arlington Restaurant and Diner has a new owner. Ye Olde Bake Shop (opposite Stop & Shop) has been sold and will be reopening as Bella Moto Bakery. Bagels by Us has taken over the store next door and is expanding their store.

The next meeting will be held on December 12, 2006 at 5:30pm in the Senior Center at 27 Maple Street.